

PATIENT INFORMATION FORM

PI

ACU

CASH

WC

PT

CHIRO

Referring Doctor _____ Treating Doctor _____

First Name _____ M.I. _____ Last Name _____

Birth Date ___/___/___ Age ___ SS# ___-___-___ Male ___ Female ___ Height ___ Weight ___

Marital Status _____ Spouse Name _____ DL#/STATE _____

Address _____ City _____ State _____

Zip _____ Home Phone _____ Wk Phone _____

Cell Phone _____ Circle Best Contact Phone Number: Home Work Cell

Email _____ Employer _____

Referred By _____ Primary Doctor _____

We may send your primary doctor a status report regarding your condition. Authorization signature _____

Primary Health Insurance _____ Secondary/ Other Insurance Co. _____

(Medicare only): Are you receiving home health? _____

I understand and agree that health and accident insurance policies are an agreement between and insurance carrier and me. I authorize payment from my insurance carrier directly to this office with the understanding that all monies be credited to my account upon receipt. I clearly understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment. I understand that if I suspend or terminate my care and treatment, all fees for professional services rendered me will be immediately due and payable. In the event of my default, I promise to pay legal interest on the indebtedness together with such collection costs and reasonable attorney fees as may be required to effect collection. I also authorize the release of any medical or other information necessary to process this claim.

If the insurance company pays me directly I will bring the payment for the treatments along with an explanation of benefit endorsed by my signature to this office promptly.

Patient Signature _____ Date ___/___/___

I hereby request and consent to physical therapy and/or chiropractic and/or acupuncture treatment for me (or my legal charge) provided by the providers at Back To Wellness. I do not expect the provider to be able to anticipate and explain all known risks and complications, and I wish to rely on the provider to exercise judgment during the course of the procedure, which, the provider determines is in my best interest. I understand that there are some risks to treatment, including but not limited to, fractures, disc injuries, strokes, dislocations, and sprains. I will request another person of my choice to be present in the treatment room during treatment.

Patient Signature _____ Date ___/___/___

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This notice of privacy practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment of health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

Uses and Disclosures of Protected Health Information

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as needed, your protected health information in order to support the business activities or your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical student's, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition we may use a sign in sheet at the registration desk where you will be asked to sign your name and indicate your physician.. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use and disclose your protected health information in the following situations without your authorization. These situations include: as required by Law, Public Health issues and required by Law, Communicable Diseases, Health Oversight, Abuse or Neglect, Food and Drug Administration requirements, Legal Proceedings, Law Enforcement, Coroners, Funeral Directors, and Organ Donation, Research, Criminal Activity, Military, and National Security, Worker's Compensation, Inmates, Required uses and Disclosures. Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500

Other Permitted and Required Uses and Disclosures Will Be Made Only With Your Consent, Authorization or Opportunity to Object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken action in reliance on the use or disclosure indicated in the authorization.

Your Rights: Following is a statement of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information. Under federal law, however, you may not inspect or copy the following records: Psychotherapy notes, information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care of fore notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If the physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another health care professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively, i.e. electronically.

You have the right to have your physician amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

Complaints: You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint.

This notice was published and becomes effective on/or before April 14, 2003.

We are required by law to maintain privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPPA Compliance officer in person or by phone at our main phone number.

Signature below is only acknowledgment that you have received this notice of our Privacy Practices.

Print Name: _____ Signature: _____ Date: _____

HISTORY FORM

1. Chief Complaint: _____

Complaint Began when and how? _____

Have you had this pain before? _____

Please circle the Quality of the complaint/pain: dull aching sharp shooting burning throbbing deep nagging other _____

Does this complaint/pain radiate or travel (shoot) to any areas of your body? Where? _____

Do you have any numbness or tingling in your body? Where? _____

How frequent is complaint present, how long does it last? _____

Is your complaint getting better, getting worse, or unchanged since it began? _____

Difficult activities and length of time you can tolerate? _____

Grade Intensity/Severity **Today** 0 1 2 3 4 5 6 7 8 9 10 **General** pain level 0 1 2 3 4 5 6 7 8 9 10

Does anything aggravate the complaint? _____

Does anything make the complaint better? _____

2. Previous interventions, treatments, medications, surgery, or care you've sought for your complaint:

3. Past Health History:

A. Previous illnesses you've had in your life: _____

B. Previous accidents or injuries: _____

C. Allergies _____

D. Medications:

Medication	Reason for taking
_____	_____
_____	_____
_____	_____

E. Surgeries:

4. Family Health History:

Associated health problems of relatives: _____

Deaths in immediate family:

Cause of parents or siblings death	Age at death
_____	_____
_____	_____
_____	_____

5. Social and Occupational History:

A. Job physical demands: _____

B. Recreational activities: _____

C. Sleeping position: _____

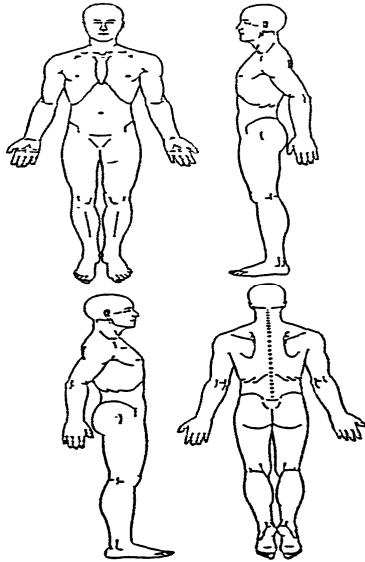
D. Lifestyle (hobbies, level of exercise, alcohol, tobacco and drug use, diet): _____

Doctors Signature _____ Date _____

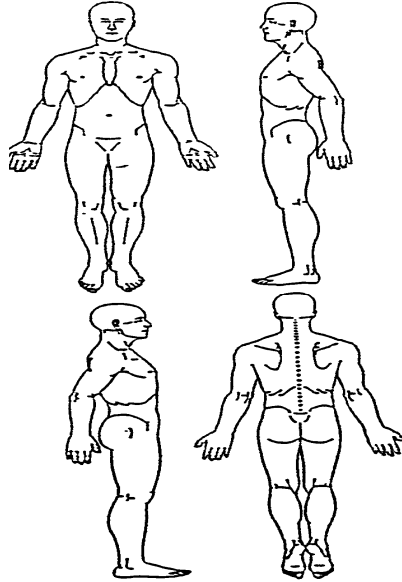
PHYSICAL EXAMINATION

Patient _____ Date _____ BP: _____ P: _____
 Mental Status _____ Cranial Nerves I-XII _____
 Posture _____ Distress _____
 Gait _____ Antalgic position _____

Muscle Spasm / Joint Pain

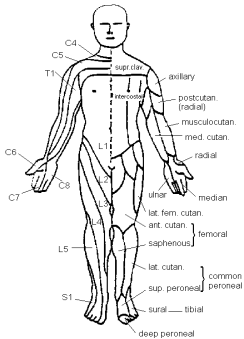


Muscle Weakness



Lumbar <input type="checkbox"/>	
_____	Flexion (90) <input type="checkbox"/> P end ROM
_____	Extension (30) <input type="checkbox"/> P end ROM
_____	Lat flexion (30) <input type="checkbox"/> P end ROM
_____	Rotation (30) <input type="checkbox"/> P end ROM
Cervical <input type="checkbox"/>	
_____	Flexion (45) <input type="checkbox"/> P end ROM
_____	Extension (55) <input type="checkbox"/> P end ROM
_____	Lat flexion (45) <input type="checkbox"/> P end ROM
_____	Rotation (70) <input type="checkbox"/> P end ROM
Other <input type="checkbox"/>	
_____	Flexion ()
_____	Extension ()
_____	Internal rotation ()
_____	External rotation ()
_____	Abduction ()
_____	Adduction ()

Dermatomes



Reflexes

Biceps	
Triceps	
Brachiorad	
Patellar	
Achillis	

- Heel walk L3, L4, L5
- Toe walk S1
- Finger to nose
- Trendelenburg
- Cervical resistive muscle tests
- Cervical compression neutral, max L, R
- Cervical distraction
- Shoulder depression
- Shoulder abduction
- Soto Hall / Brudzinski's
- Allen's (posterior scalene)
- Adson's (anterior scalene)
- Eden's (costoclavicular)
- Wright's (pectoralis minor)
- Spinous percussion
- Dynamometer
- Active cervical flexion (supine)
- Valsalva
- O'Donoghues

- Leg length (visualized)
- Kemp's
- SLR
- Braggard's
- Goldthwait's
- Patrick Fabere's
- Thomas
- Gaenslen's
- Yeoman's
- SI distraction
- Active hip abduction
- Sit up
- Dejerines' Triad
- Nachlas, Ely's, Hibb's
- Milgram
- Active hip extension
- Minor's Sign
- _____
- _____

Assessment: _____

Plan: ___ X a week Based on medical necessity As prescribed by PTP As long as symptoms Maintenance

Prognosis: Excellent Good Fair Poor Guarded Complicating factors: _____

Short-term goals: ↓ Ms. Spasm ↓ Inflamm. ↑ ROM ↓ Pain In: 1 wk 2 wk 3 wk 4 wk
 Long-term goals: ↑ Function ↑ Strength ↑ Balance ↑ ADLs ↑ Stability In: 4 wk 6 wk 8 wk
 Functional goals: Inc. Sitting _____ Standing _____ Bending _____ Grooming _____ Stairs _____ Driving _____ Sleeping _____
 Chores _____ Physical goals _____

Treatment: Manual Therapy Therapeutic Exercise Kinetic Activities Gait Training NMS Reed. Traction
 Ultrasound Physical perf. Test Electrical Stim Spec. Man. Th Massage _____

Description: _____

The patient was referred/dispensed _____

The patient was instructed _____

Treatment Plan: Cervical Thoracic Lumbar Shoulder Elbow Wrist Hip Knee Ankle _____

Acute phase protocol Progress from passive to Active Tx. Reeducate proper muscle activity Increase strength/stability